

lunch



signature sandwiches

virginia gent | 11.00*

apple walnut chicken salad with bacon, lettuce & tomato on multigrain bread

the rachel | 13.00*

roasted turkey breast, swiss cheese & commonwealth coleslaw on rye bread

hallowed ground | 13.00*

roast beef, bacon, swiss, arugula & horseradish mayo on rye bread

crab melt | 15.00*

signature crab cake, white cheddar, arugula, tomato & old bay mayo, on pane belo bread

the cathy | 11.00*

signature chicken tenders, ham, bacon, swiss, arugula, tomato & dijon-mayo in a spinach wrap

cheesesteak | 15.00*

sliced wagyu top round, caramelized onions, house made cheese "wiz" on amoroso bread

market mac n cheese

quart \$12.00

pint \$8.00

smoked bacon | 2.00

sides/additions

smoked bacon | 4.50

housemade seasonal sides | 4.00

french fries \$3.00

fresh fruit \$ 3.00

truffle fries \$5.00

caesar salad \$4.00

burgers & wraps

market bacon & cheddar burger | 13.00*

one 8 oz. patty with bacon, cheddar, caramelized onions & special sauce on a brioche sesame seed bun

the beyond burger | 14.00

4 oz. plant-based burger with lettuce, tomato & chipotle mayo on a brioche sesame seed bun

crispy chicken blt wrap | 12.00*

our signature chicken tenders with bacon, provolone, lettuce, tomato & red pepper mayo in a spinach tortilla

go green wrap (vegan) | 9.00

mixed greens, hummus, cucumber & sliced tomatoes in a spinach tortilla

chicken caesar wrap | 12.00*

grilled chicken, parmesan, chopped romaine, caesar dressing & croutons in a spinach tortilla

salmon caesar wrap | 14.00*

seared salmon, parmesan, chopped romaine, caesar dressing & croutons in a spinach tortilla

market entrees

signature crab cake | 15.95 | with 2 sides | 19.95*

seared salmon | 12.75 | with 2 sides | 17.75*

grilled chicken | 7.25 | with 2 sides | 12.95*

6 chicken tenders with fries | 14.00*

Desserts/ homemade ice cream

jumbo chocolate chunk cookies \$3.00 each

jumbo cranberry oatmeal cookies \$3.00 each

pecan butterscotch scones \$3.00 each

double chocolate brownies \$3.00 each

peanut butter swirl brownies \$3.00 each

market seasonal homemade ice cream \$8.00 pint

f t i @MarketSalamander
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Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food-borne illness.

Phone: (540) 687-9720 | 200 W Washington Street,
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