



*“The expected or customary does little to inspire. Stepping outside the norm is a mighty motivator.”*  
 -Sheila C. Johnson, Founder & CEO

## Team Building

At Salamander Resort & Spa our team building group activities are entertaining, adventurous and unlike anything you’ve experienced. EquiSpective is a unique hands-on self-discovery program which unites horse and human with the ultimate goal of exploring relationship awareness, communication styles and management techniques. Discover our thrilling treetop zip lining and our many other outdoor adventures. An Amazing Nature Race brings team spirit to any group. After only a few minutes here, you will begin to feel a relaxed exhilaration.

## Growing Together

The opportunities for group activities at Salamander Resort & Spa are limited only by the imagination.  
**Choose two programs to create a one-day meeting experience your team will never forget.**



### EQUESTRIAN

**EQUISPECTIVE:** An innovative personal discovery program with the goal of unveiling authentic communication, leadership and relationship style by connecting with horses.

**COUNTRYSIDE TRAIL RIDES:** Discover the natural beauty of our countryside astride quiet horse trails, while meandering through the woods and fields at a leisurely walk.



### EMPOWER ADVENTURES

**TREE TOP ZIP TOUR:** Take your team to new heights by soaring through the tree tops on an interconnected series of zip lines and bridges that spans 20 acres.

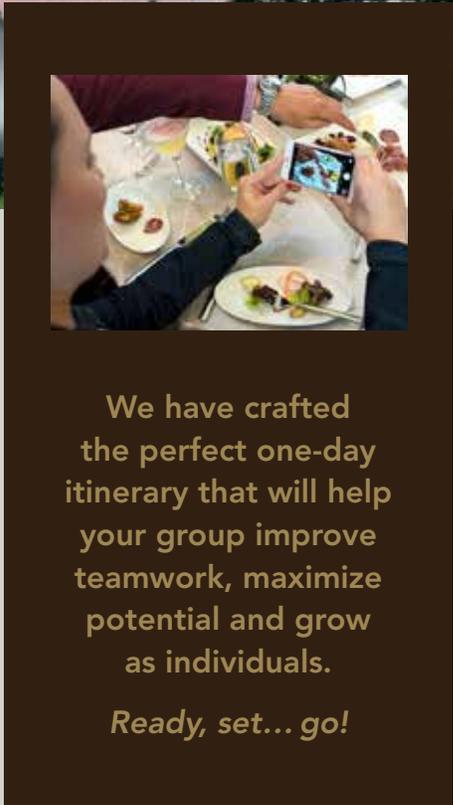
**EXTRAORDINARY TEAMS:** This program will assess your team dynamic and provide useful tools and models that will provide powerful change within the team.



### RECREATION

**AMAZING NATURE RACE:** This competition challenges teams to flex their physical, mental and creative strengths by solving clues, discovering locations and completing contests to earn points on the quest for a victory.

**NATURE HIKE:** Join a recreation specialist and learn about the beautiful flora and fauna of the mid-Atlantic in every season.



## *Example One-Day Itinerary*

Nothing gets the adrenaline flowing like Salamander's **Tree Top Zip Tour**. Afraid of heights? Consider our **Amazing Nature Race** as an exciting alternative. Teams are challenged with solving clues, discovering locations, and completing contests to earn points in their quest for victory.

In the afternoon we strongly recommend that you have your group take part in **EquiSpective**, Salamander's innovative personal discovery program facilitated by our Equestrian Director, Sheryl Jordan.

Then make your group's evening at the resort extra special. Host a **one-of-a-kind meal** in the rustic elegance of our picturesque stables or a **lively demonstration dinner** in our unique Cooking Studio. Either event is sure to impress your attendees and leave them with lasting memories.

**We have crafted the perfect one-day itinerary that will help your group improve teamwork, maximize potential and grow as individuals.**

***Ready, set... go!***



## *A Taste For Remembering*

An exceptional dining experience is an event in itself. At Salamander Resort & Spa, our talented chefs perfect their delicacies in the locally-inspired Piedmont regional cuisine tradition. From this, our catering team creates a dining experience to remember. Whether your event is catered at the resort, an area winery, private estate or other special venue, your experience will be the same — delectable, gratifying and sumptuous.

**For your next group adventure, please call 866.708.9530**

**500 N Pendleton Street, Middleburg, VA 20117**



*A Salamander Hotels & Resorts Property — Now this is luxury.*

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